

2012 EARTH MEDICINE TRAINING

A Year of Elemental, Earth-honoring Ritual on the San Francisco Peninsula



This is the fifth year-long earth medicine training in the S.F. Bay Area. In 2008 we circled San Francisco Bay, and in 2009 we dedicated a year of ritual in the Guadalupe Watershed (South Bay). In 2010 we offered water rituals in the North Bay, and throughout 2011 our East Bay gatherings focused on elemental fire. This five-year cycle will complete in 2012 with a year of ritual work emphasizing elemental wind/air, weather, song, and breath.

We meet one day a month (some overnights) in different parks and wild areas to offer earth-honoring ritual with/for the ancestors, elementals, and other spirits of place. We'll gather from 10am to 4:30pm with a few overnights throughout the year (camping or light backpacking). Commitment for the year is requested for group cohesion (space for 13 participants). See below for other requirements.

Our ceremonies aim to feed the spirits of place in healing and honoring ways. We'll offer service-oriented, earth-healing rituals and also focus on personal healing and empowerment (expect a weave of both). Those called to learn new ritual skills or who simply want to be part of a regular ritual working group are welcome.

This year our ritual work will emphasize elemental wind/air-related topics such as prayer/voice/expression, clear mind/vision, honoring spirits of weather and sky, inspired song and chant, trance-work, and ancestral engagement. We'll also be curious what kinds of life and world we want to inhabit as many focus attention on the turning of a larger cycle of time on Dec 21, 2012 (our five year cycle completes in mid-December).

Winter: Arastradero to Monte Bello

Sat, Jan 21st / Sat, Feb 11th / Sat-Sun, Mar 10-11th

Spring: Pulgas Ridge to Half Moon Bay

Sat, Apr 7th / Sat, May 5th / Sat-Sun, June 16-17th

Summer: San Bruno Mountain to the Presidio

Sat, July 7th / Sat, Aug 4th / Sat-Sun, Sept 8-9th

Autumn: Angel Island to Mount Tamalpais

Sat, Oct 13th / Sat, Nov 17th / Sat-Sun, Dec 8-9th



Cemetery in Colma, San Bruno Mountain

Requirements:

- Physically able to participate in day-long gatherings and quarterly camping overnights with mild to moderate hiking (up to three miles in a day) in the elements (heat, cold, rain, wind)
- Willing and able to engage in depth inner work including singing, praying aloud, movement/unscripted dance, speaking your truth, and risking some vulnerability in group
- Able to attend at least two-thirds of gatherings each quarter (cost is the same whether you attend or not)
- Willing to devote an average of about an hour a week to tending the spirit of our group outside of gatherings (e.g., occasional time on the land, engaging on group discussion list)

Cost: Early registration (before Jan 7th) is \$1000 for the full year. This includes costs for overnights (reservations, some group meals, firewood) but not park admissions. Quarterly payment can be arranged if needed. Registration after Jan 7th is \$1,200 for the year.

To register or for more info contact: Daniel Foor at

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